

## *Honouring An Exceptional Past, Building A Brilliant Future*

Thursday, October 25 – Friday, October 26, 2018

Delta Kingston Waterfront Hotel, 1 Johnson Street, Kingston, ON

### **THURSDAY'S LEARNING OBJECTIVES**

#### Welcome and Opening Remarks

- *Graeme Smith*, MD, PhD, FRCSC, Head and Professor, Department of Obstetrics & Gynaecology; Professor, Department of Biomedical and Molecular Sciences and Imaging Services, Queen's University

#### Memorial Acknowledgment

- Richard P. Thomas, MD, FRSCS, Assistant, Professor, Department of Obstetrics & Gynaecology, Chair, Division of General Gynaecology, Queen's University

#### Mood and Contraception

- Milena Garofalo, MDCM, FRCSC, CARE fellow, Dept of OB/GYN, Queen's Univ.  
- Sophie-Bussiere-Coté, MD, FRSCS, CARE Fellow, Dept. of OB/GYN, Queen's Univ.

At the end of the session, the participant will be able to:

- Describe the evidence and history surrounding the link between mood and contraception
- Provide counselling to patients with regards to various contraceptive methods and their effect on mood.

#### Stop that Burn – Management and Prevention of Recurrent UTIs

- Duane Hickling, MD, FRCSC, Asst. Prof. Dept. of Surgery, Div. of Urology, Female Pelvic Medicine and Reconstructive Surgery, University of Ottawa

At the end of the session, the participant will be able to:

- Understand definitions, epidemiology and pathophysiology of recurrent UTIs
- Evaluate recurrent UTIs
- Practical Management of treatment and prophylaxis of recurrent UTIs

#### Social Egg Freezing – Can We Stop the Biologic Clock?

- Rhonda Zwingerman, MD, FRCSC, Asst. Prof. Dept. of OB/GYN, Univ. of Toronto, Clinical Assoc. Mount Sinai Hospital

At the end of the session, the participant will be able to:

- Describe age-related fertility decline
- Outline methods & limitations of ovarian reserve testing
- Discuss the data around oocyte cryopreservation

#### New Perspective on Endometriosis – A Multisystemic Syndrome

- Sony Singh, MD, FRCSC, FACOG, Associate Professor, University of Ottawa, Vice-Chair, Gynecology E. Jolly Research Chair in Gynecologic Surgery Div. of General OB/GYN Dept. of OB/GYN & Newborn Care

At the end of the session, the participant will be able to:

- Describe the challenges surrounding the care of patients with endometriosis
- Illustrate the new paradigm for the diagnosis of endometriosis
- Illustrate the new paradigm for the management of endometriosis

#### Novel Approaches to Early Cervical Cancer

- George Gray, MD, FRCSC, Gynecologic Oncology Fellow, Dept. of OB/GYN, Univ. Ottawa

At the end of the session, the participant will be able to:

- Describe the current management of early cervical cancer
- Understand the controversy around MIS surgery in cervical cancer
- Understand the principles and role of SGN in cervical cancer
- Acknowledge ongoing debate around rationality of surgery for early cervical cancer

#### Flibanserin for Low Libido – The New Magic Pill or Not?

- Jonathan Huber, MD, MSc, FRCSC, Dept. of Obstetrics and Gynaecology, Northern Ontario School of Medicine, Private Practice, Ottawa

At the end of the session, the participant will be able to:

- Understand the theoretical basis for the use of flibanserin in the treatment of low desire in women.
- Understand the evidence underlying the support, or lack thereof, for the use of flibanserin the treatment of low desire in women.
- List efficacious approaches to the treatment of low desire in women.

#### Lunch & Concurrent Workshop: Come and Explore New Instruments for your OR Toolkit

- Olga Bougie, MD, FRCS, MPH, Assistant Professor, Department of Medicine, Division of Obstetrics and Gynaecology, Queen's University

- Romy Nitsch, MD, MHSc, FRCSC, Assistant Professor, Department of Obstetrics and Gynaecology, Queen's University

At the end of the session, the participant will be able to:

- Identify new instruments that are available for the OR

#### Optimizing Perioperative Management of the Surgical Patient

- Olga Bougie, MD, FRCS, MPH, Assistant Professor, Department of Medicine, Division of Obstetrics and Gynaecology, Queen's University

At the end of the session, the participant will be able to:

- Complete an assessment of a patient scheduled to undergo surgery
- Identify key perioperative factors that influence patients' surgical outcomes
- Apply a systematic approach to the perioperative management of a surgical patient in a way that optimizes their outcomes

Central Referral Bulletin

-Mary Anne Jamieson, MD, FRCSC, Associate Professor, Department of Obstetrics and Gynaecology, Interim Chair, Division of Reproductive Endocrinology & Infertility; Department of Pediatrics, Queen's University

First Workshop Rotation:

A: Achieving Minimally Access Surgery in Maximum BMI Patients

-Olga Bougie, MD, FRCS, MPH, Assistant Professor, Department of Medicine, Division of Obstetrics and Gynaecology, Queen's University

-Romy Nitsch, MD, MHSc, FRCSC, Assistant Professor, Department of Obstetrics and Gynaecology, Queen's University

-Sony Singh, MD, FRCSC, FACOG, Associate Professor, University of Ottawa, Vice-Chair, Gynecology E. Jolly Research Chair in Gynecologic Surgery Div. of General OB/GYN Dept. of OB/GYN & Newborn Care

At the end of the session, the participant will be able to:

- Identify specific risks and challenges in surgical management of obese patients
- Develop an approach to optimizing perioperative management of such patients, in order to reduce their morbidity and mortality
- Employ safe surgical techniques that may facilitate completion of minimally invasive surgery in obese patients

B: Multidisciplinary Approach to the Management of Dyspareunia

-Marisa Horniachek, MD, FRCSC, Assistant Professor, Department of Medicine, Division of Obstetrics & Gynecology, Queen's University

At the end of the session, the participant will be able to:

- To review genito-pelvic pain penetration disorder
- Understand medical treatment options for GPPD
- Understand the role of Pelvic Physiotherapy in the treatment of GPPD
- Understand the role of Pelvic Physiotherapy in the treatment of GPPD
- Develop a multidisciplinary approach to the management of GPPD

C: Vulvar Diseases Update

-Susan M. Chamberlain, MD, FRCSC, Assistant Professor, Obstetrics and Gynaecology, Queen's University

-Lynette Margesson, MD, FRCPC, FACD, Adjunct Assistant Professor of Obstetrics & Gynecology and Surgery (Dermatology), Geisel School of Medicine, Dartmouth, New Hampshire

At the end of the session, the participant will be able to:

- Identify and manage lichen sclerosis
- Identify and manage vulvar fissures

D: Contraception Q & A

- Milena Garofalo, MDCM, FRCSC, CARE Fellow, Dept of OB/GYN, Queen's Univ.

- Sophie-Bussiere-Coté, MD, FRSCS, CARE Fellow, Dept. of OB/GYN, Queen's Univ.

At the end of the session, the participant will be able to:

- Discuss and provide sound contraceptive counselling to patients presenting with complex medical issues.