<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:30 AM</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>9:00 AM</td>
<td>Welcome</td>
<td>Dr. Sara Awad</td>
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<tr>
<td>9:20 AM</td>
<td>Therapeutics for Obesity Management</td>
<td>Dr. Robyn Houlden</td>
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<tr>
<td>9:50 AM</td>
<td>Opening the MSK black box - Why does it hurt and how do we fix it?</td>
<td>Dr. Kristi Wood</td>
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<tr>
<td>10:20 AM</td>
<td>Nutrition Break</td>
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<tr>
<td>10:35 AM</td>
<td>Therapeutics for COPD</td>
<td>Dr. Juan Pablo de Torres</td>
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<td>11:05 AM</td>
<td>Therapeutics for Hypo/HyperThyroidism</td>
<td>Dr. Sara Awad</td>
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<tr>
<td>11:35 AM</td>
<td>Lunch</td>
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<tr>
<td>12:20 PM</td>
<td>Therapies for Addictions in COVID and Post-COVID</td>
<td>Dr. Heather Johnson</td>
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<tr>
<td>12:50 PM</td>
<td>Audiology/Audiological Interventions</td>
<td>Dr. Jason A Beyea and Dr. Allison De La Lis</td>
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<tr>
<td>1:20 PM</td>
<td>Nutrition Break</td>
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<tr>
<td>1:35 PM</td>
<td>Therapies for Osteoporosis</td>
<td>Dr. Bikram Sidhu</td>
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<tr>
<td>2:05 PM</td>
<td>Therapies for Dizziness/Vertigo</td>
<td>Dr. Jason A Beyea and Dr. Dougal Bale</td>
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<tr>
<td>2:35 PM</td>
<td>Iron Deficiency Anemia: Diagnosis and Management</td>
<td>Dr. Nicole Relke</td>
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<tr>
<td>3:05 PM</td>
<td>Post-Program Reflection and Survey Completion</td>
<td>Please take a moment to complete your post-program survey.</td>
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<td>3:15 PM</td>
<td>Program Close</td>
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LEARNING OBJECTIVES

**Therapeutics for Obesity Management**
At the conclusion of this session, participants will be able to:
1. Discuss options for therapies and referrals for obesity management integrating high-impact practices
2. Assess patients with obesity to integrate an optimal approach based on evidence and patient-centred factors

**Opening the MSK black box - Why does it hurt and how do we fix it?**
At the conclusion of this session, participants will be able to:
1. Describe specific and practical examination techniques to optimize patient referral, therapeutic options, and treatment
2. Identify common orthopedic conditions and how to initiate manage them once you do

**Therapeutics for COPD**
At the conclusion of this session, participants will be able to:
1. Discuss therapeutic options and approaches for COPD
2. Identify based on patient history, social and behavioural factors, and examination the best option for COPD therapy for a given patient

**Therapeutics for Hypo/HyperThyroidism**
At the conclusion of this session, participants will be able to:
1. Review the approach to abnormal thyroid function tests
2. Discuss management of hypo/hyperthyroidism

**Therapies for Addictions in COVID and Post-COVID**
At the conclusion of this session, participants will be able to:
1. Assess patients in the virtual and in-person setting for treatment of addictions
2. Integrate strategies to treat addiction based on patient-centred care

**Audiology/Audiological Interventions**
At the conclusion of this session, participants will be able to:
1. Assess audiological conditions in the clinical setting
2. Initiate treatment or referral for patients with hearing loss

**Therapies for Osteoporosis**
At the conclusion of this session, participants will be able to:
1. Strategize with patients for the optimal approach to treating osteoporosis
2. Discuss treatment options for Osteoporosis using a patient centred approach

**Therapies for Dizziness/Vertigo**
At the conclusion of this session, participants will be able to:
1. Review clinical assessment of patients presenting with dizziness/vertigo
2. Integrate evidence-based therapeutic options for treating dizziness/vertigo

**Therapies for Anemia Secondary to Nutritional Deficiencies**
At the conclusion of this session, participants will be able to:
1. Identify an optimal approach to investigating of anemia in patients
2. Discuss therapeutic options for treating patients with anemia
SPEAKERS

Sara Awad, MD, CCFP(PC), FRCPC, Assistant Professor, Division of Palliative Medicine, Departments of Oncology, Medicine, and Family Medicine, Queen's University

Dougal Bale, BPhy Hons., Kingston Ear Institute

Jason A Beyea, MD, PhD., FRCCS, Assistant Professor, Division Research Director, ICES Queen's Adjunct Scientist, Department of Surgery, Queen's University

Allison De La Lis, Doctor of Audiology, Aud (C), Audiologist, Reg. CASLPO, Kingston, Ear Institute

Juan Pablo de Torres, MD, FCFP(COE, PC), Professor, Division of Geriatric Medicine, Department of Medicine, Queen’s University

Robyn Houlden, MD, CCFP(PC), Assistant Professor, Division of Palliative Medicine, Department of Medicine, Queen’s University

Heather Johnson, MD, FRCPC, Assistant Professor, Division of Internal Medicine, Department of Medicine, Queen's University

Kristi Wood, MD, MSc, FRCSC, Assistant Professor, Dept. of Surgery (Orthopedic Surgery), Queen’s University

Nicole Relke, MD, PGY3, Chief Medical Resident, Division of Internal Medicine, Department of Medicine, Queen’s University

Bikram Sidhu, MD FRCP, Assistant Professor, Endocrinology and Diabetes, Kingston Health Sciences Centre and Queen’s University

PROGRAM PLANNING COMMITTEE

Sara Awad, MD, CCFP(PC), FRCPC, Assistant Professor, Division of Palliative Medicine, Departments of Oncology, Medicine, and Family Medicine, Queen’s University

Samantha Buttemer, MD, MSc, CCFP PGY-5, Public Health and Preventive Medicine, Queen’s University

Katie Evans, B.Sc., Program and Event Coordinator, OPDES, Queen’s University

Ally Forsyth, NP, Reddendale Family Health Centre, Maple Family Health Team

Terry Soleas, PhD, OCT, BScH, Bed, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

Richard van Wylick, MD, FRCP, Associate Professor, Department of Pediatrics, Associate Dean, Continuing Professional Development, Queen’s University