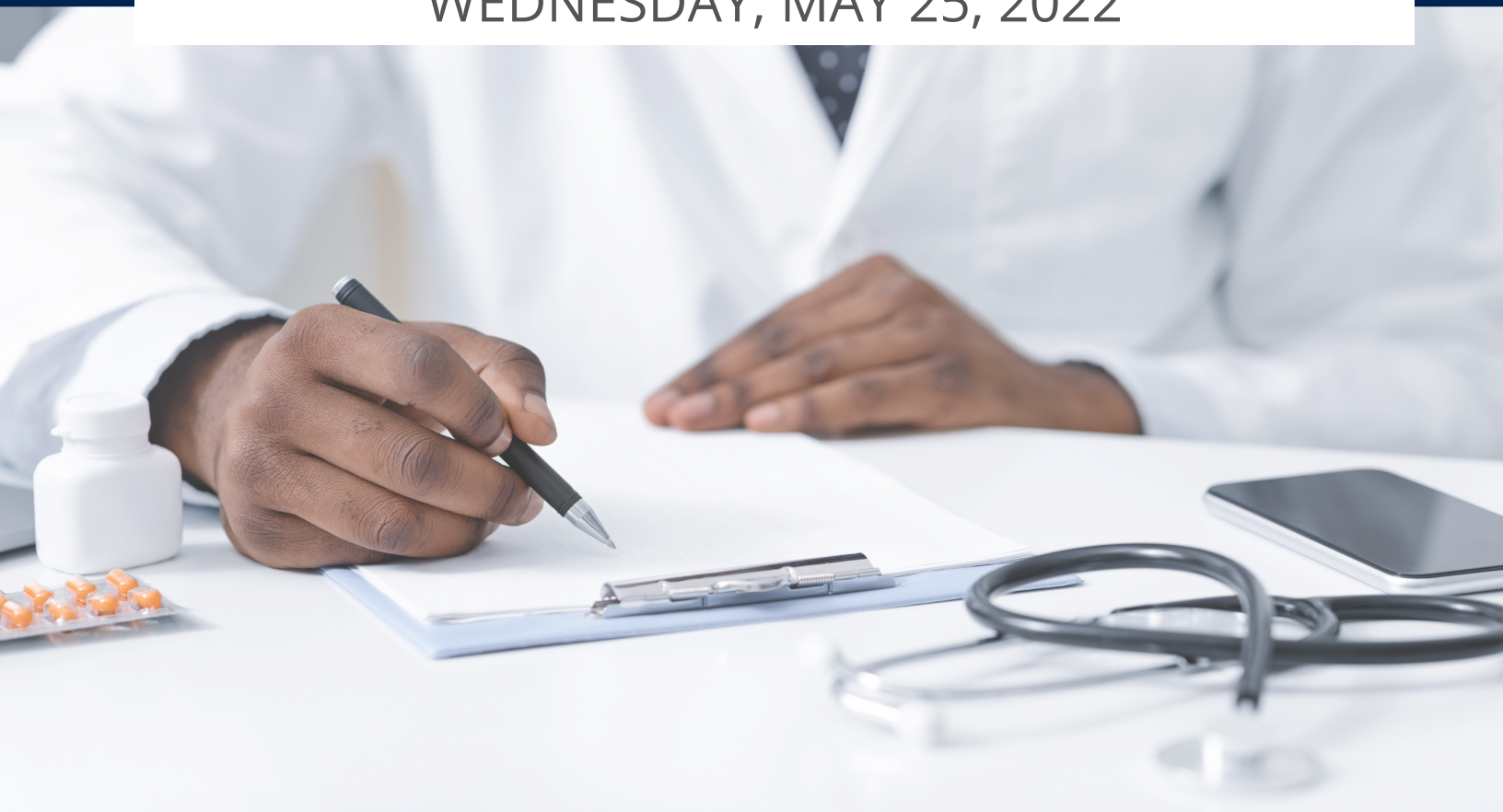




Queen's  
UNIVERSITY

# 32ND ANNUAL THERAPEUTICS DAY

WEDNESDAY, MAY 25, 2022



Four Points by Sheraton, Kingston

# PROGRAM AGENDA

**8:30 AM**

**Registration and Continental Breakfast**

**9:00 AM**

**Welcome**

Dr. Sara Awad

**9:20 AM**

**Therapeutics for Obesity Management**

Dr. Robyn Houlden

**9:50 AM**

**Opening the MSK black box - Why does it hurt and how do we fix it?**

Dr. Kristi Wood

**10:20 AM**

**Nutrition Break**

**10:35 AM**

**Therapeutics for COPD**

Dr. Juan Pablo de Torres

**11:05 AM**

**Therapeutics for Hypo/HyperThyroidism**

Dr. Sara Awad

**11:35 AM**

**Lunch**

**12:20 PM**

**Therapies for Addictions in COVID and Post-COVID**

Dr. Heather Johnson

**12:50 PM**

**Audiology/Audiological Interventions**

Dr. Jason A Beyea and Dr. Allison De La Lis

**1:20 PM**

**Nutrition Break**

**1:35 PM**

**Therapies for Osteoporosis**

Dr. Bikram Sidhu

**2:05 PM**

**Therapies for Dizziness/Vertigo**

Dr. Jason A Beyea and Dr. Dougal Bale

**2:35 PM**

**Iron Deficiency Anemia: Diagnosis and Management**

Dr. Nicole Relke

**3:05 PM**

**Post-Program Reflection and Survey Completion**

Please take a moment to complete your post-program survey.

**3:15 PM**

**Program Close**

# LEARNING OBJECTIVES

## **Therapeutics for Obesity Management**

At the conclusion of this session, participants will be able to:

1. Discuss options for therapies and referrals for obesity management integrating high-impact practices
2. Assess patients with obesity to integrate an optimal approach based on evidence and patient-centred factors

## **Opening the MSK black box - Why does it hurt and how do we fix it?**

At the conclusion of this session, participants will be able to:

1. Describe specific and practical examination techniques to optimize patient referral, therapeutic options, and treatment
2. Identify common orthopedic conditions and how to initiate manage them once you do

## **Therapeutics for COPD**

At the conclusion of this session, participants will be able to:

1. Discuss therapeutic options and approaches for COPD
2. Identify based on patient history, social and behavioural factors, and examination the best option for COPD therapy for a given patient

## **Therapeutics for Hypo/HyperThyroidism**

At the conclusion of this session, participants will be able to:

1. Review the approach to abnormal thyroid function tests
2. Discuss management of hypo/hyperthyroidism

## **Therapies for Addictions in COVID and Post-COVID**

At the conclusion of this session, participants will be able to:

1. Assess patients in the virtual and in-person setting for treatment of addictions
2. Integrate strategies to treat addiction based on patient-centred care

## **Audiology/Audiological Interventions**

At the conclusion of this session, participants will be able to:

1. Assess audiological conditions in the clinical setting
2. Initiate treatment or referral for patients with hearing loss

## **Therapies for Osteoporosis**

At the conclusion of this session, participants will be able to:

1. Strategize with patients for the optimal approach to treating osteoporosis
2. Discuss treatment options for Osteoporosis using a patient centred approach

## **Therapies for Dizziness/Vertigo**

At the conclusion of this session, participants will be able to:

1. Review clinical assessment of patients presenting with dizziness/vertigo
2. Integrate evidence-based therapeutic options for treating dizziness/vertigo

## **Therapies for Anemia Secondary to Nutritional Deficiencies**

At the conclusion of this session, participants will be able to:

1. Identify an optimal approach to investigating of anemia in patients
2. Discuss therapeutic options for treating patients with anemia

## SPEAKERS

**Sara Awad**, MD, CCFP(PC), FRCPC, Assistant Professor, Division of Palliative Medicine, Departments of Oncology, Medicine, and Family Medicine, Queen's University

**Dougal Bale**, BPhy Hons., Kingston Ear Institute

**Jason A Beyea**, MD, PhD., FRCSC, Assistant Professor, Division Research Director, ICES Queen's Adjunct Scientist, Department of Surgery, Queen's University

**Allison De La Lis**, Doctor of Audiology, Aud (C), Audiologist, Reg. CASLPO, Kingston, Ear Institute

**Juan Pablo de Torres**, MD, FCFP(COE, PC), Professor, Division of Geriatric Medicine, Department of Medicine, Queen's University

**Robyn Houlden**, MD, FRCPC Professor, Department of Medicine, Division of Endocrinology and Metabolism, Queen's University

**Heather Johnson**, MD, FRCPC, Assistant Professor, Division of Internal Medicine, Department of Medicine, Queen's University

**Kristi Wood**, MD, MSc, FRCSC, Assistant Professor, Dept. of Surgery (Orthopedic Surgery), Queen's University

**Nicole Relke**, MD, PGY3, Chief Medical Resident, Division of Internal Medicine, Department of Medicine, Queen's University

**Bikram Sidhu**, MD FRCPC, Assistant Professor, Endocrinology and Diabetes, Kingston Health Sciences Centre and Queen's University

## PROGRAM PLANNING COMMITTEE

**Sara Awad**, MD, CCFP(PC), FRCPC, Assistant Professor, Division of Palliative Medicine, Departments of Oncology, Medicine, and Family Medicine, Queen's University

**Samantha Buttemer**, MD, MSc, CCFP PGY-5, Public Health and Preventive Medicine, Queen's University

**Katie Evans**, B.Sc., Program and Event Coordinator, OPDES, Queen's University

**Ally Forsyth**, NP, Reddendale Family Health Centre, Maple Family Health Team

**Terry Soleas**, PhD, OCT, BScH, Bed, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

**Richard van Wylick**, MD, FRCPC, Associate Professor, Department of Pediatrics, Associate Dean, Continuing Professional Development, Queen's University



FACULTY OF HEALTH SCIENCES

CONTINUING PROFESSIONAL  
DEVELOPMENT

385 Princess Street,  
Kingston, Ontario, Canada K7L 0E9  
P: 613-533-2540 | F: 613-533-6642



[cpd.che@queensu.ca](mailto:cpd.che@queensu.ca)



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