

6th Annual Allergy Symposium

Wednesday, September 21, 2022

Quality Inn & Conference Centre, Kingston, ON

AGENDA

11:30 AM REGISTRATION & LUNCH

12:30 PM WELCOME

Anne Ellis, MD, FRCPC Prof., Depts. of Medicine, (Chair) Div. of Allergy and Immunology and of Biomedical and Molecular Sciences, Queen's University

12:40 PM THE 'UNSEEN EYE': PUTTING THE CONJUNCTIVITIS BACK INTO RHINO-CONJUNCTIVITIS MANAGEMENT

Anne Ellis, MD, FRCPC Prof., Depts. of Medicine, (Chair) Div. of Allergy and Immunology and of Biomedical and Molecular Sciences, Queen's University

1:10 PM FILLING THE GAPS IN MY ASTHMA MANAGEMENT SKILL SET

Rozita Borici-Mazi, MD, FRCPC, Associate Professor, Departments of Medicine, Division of Allergy and Immunology and Pediatrics, Queen's University
Delanya Podgers, RN(EC), MN, CRE, Nurse Practitioner, Asthma & COPD, Kingston Health Sciences Centre

1:40 PM ATOPIC DERMATITIS – THE ALLERGIST'S PERSPECTIVE

Ellie Tsai, MD, FRCPC, Allergist and Immunologist, Adjunct Assistant Professor Queen's University, Department of Medicine

2:10 PM NUTRITION BREAK

2:30 PM FOOD ALLERGY KNOWLEDGE GAPS THAT CAN STILL TRAP!

Willa Liao, MD, FRCPC, Allergist and Immunologist, Adjunct Assistant Professor, Department of Pediatrics, Queen's University

3:00 PM ONGOING UNMET NEEDS YOU MAY NOT EVEN REALIZE YOU HAVE!

Emily Kay MD, FRCPC, Adjunct Professor, Department of Pediatrics, Queen's University; Allergist and Immunologist, Greenwood Medical Centre,

3:30 PM POST-PROGRAM REFLECTION AND SURVEY COMPLETION

Please take a moment to complete your post-program survey.

3:45 PM PROGRAM CLOSE

LEARNING OBJECTIVES

Food Allergy Knowledge Gaps that can Still Trap!

At the conclusion of this session, participants will be able to:

1. Recognize the limitation of food allergy testing (i.e. when is it relevant, when is it helpful, and when is it not?)
2. Identify which patients with possible food allergy need an epinephrine autoinjector prescribed while awaiting allergy assessment
3. Distinguish IgE Mediated Food Allergy from Non IgE Mediated Allergy vs. Intolerance
4. Discuss other commonly held Food Allergy Myths

The 'Unseen Eye': Putting the Conjunctivitis back into Rhino-Conjunctivitis Management

At the conclusion of this session, participants will be able to:

1. Treat Rhinoconjunctivitis with both systemic and topical nasal and ocular therapies
2. Recognize which patients need specialist care for rhinoconjunctivitis management
3. Update patients about expectations for immunotherapy if this treatment option is being considered

Atopic Dermatitis – The Allergist's perspective

At the conclusion of this session, participants will be able to:

1. Discuss what the Allergist can and cannot bring to the table for management of atopic dermatitis
2. Identify patients with atopic dermatitis who will benefit most from Allergy vs. Dermatology
3. Confidently start patients on an appropriate AD care pathway

Filling the Gaps in my Asthma Management Skill Set

At the conclusion of this session, participants will be able to:

1. Describe acute management of asthma exacerbations
2. Discuss current approaches to the management of asthma across all spectrums of severity, including identifying appropriate patients who need to be referred for specialist assessment
3. Describe how to best use national and international guidelines to minimum overuse/reliance on short acting beta-agonists

Ongoing Unmet Needs you may not even realize you have!

At the conclusion of this session, participants will be able to:

1. Identify the most appropriate patients to ensure have an Allergist assessment for their reaction to a stinging insect
2. Describe the importance of developing a true drug allergy list in a given patient, and how to get there
3. Recognize the new epinephrine autoinjectors on the Canadian market and select the most appropriate one for your patients at risk for anaphylaxis

PLANNING COMMITTEE

Rozita Borici-Mazi, MD, FRCPC, Associate Professor, Departments of Medicine, Division of Allergy and Immunology and Pediatrics, Queen's University

Anne Ellis, MD, FRCPC Prof., Depts. of Medicine, (Chair) Div. of Allergy and Immunology and of Biomedical and Molecular Sciences, Queen's University

Sarah Garvey, RPN, Clinical Research Assistant, KHSC, Pediatric Allergy Nurse, Greenwood Medical Centre, Nurse Consultant

Katie Evans, B.Sc., Program and Event Coordinator, OPDES, Queen's University

Emily Kay, MD, FRCPC, Adjunct Professor, Department of Pediatrics, Queen's University; Allergist and Immunologist, Greenwood Medical Centre

Willa Liao, MD, FRCPC, Allergist and Immunologist, Adjunct Assistant Professor, Department of Pediatrics, Queen's University

Delanya Podgers, RN(EC), MN, CRE, Nurse Practitioner, Asthma & COPD, Kingston Health Sciences Centre

Terry Soleas, PhD, OCT, BSCh, Bed, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

Arawn Therrien, MSc MF FCFP, Adjunct Professor, Department of Family Medicine, Queen's University; Family Physician, Stone's Mill Family Health Centre, Gananoque

Ellie Tsai, MD, FRCPC, Allergist and Immunologist, Adjunct Assistant Professor Queen's University, Department of Medicine

Richard van Wylick, MD, FRCPC, Associate Professor, Pediatrics, Associate Dean, Continuing Professional Development, Queen's University

NOTES



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