

# 4th Annual Queen's Department of Family Medicine CPD Program

**Friday, September 16, 2022**

Four Points by Sheraton, Kingston

## AGENDA

**8:00 AM      REGISTRATION & CONTINENTAL BREAKFAST**

**8:30 AM      WELCOME**

Kelly Howse, MD, CCFP, FCFP, Assistant Professor, Department of Family Medicine, Queen's University

**8:40 AM      PEER SIMPLIFIED GUIDELINE: MANAGEMENT OF CHRONIC PAIN IN PRIMARY CARE**

Anthony Train, MBChB, CCFP, Assistant Professor, Department of Family Medicine, Queen's University

**9:25 AM      THE CONTEMPORARY MANAGEMENT OF HEART FAILURE WITH PRESERVED EJECTION FRACTION**

Joshua Durbin, MD MSc FRCPC, Cardiologist and Echocardiography Fellow, Queen's University and Kingston Health Sciences Centre.

**10:10 AM      NUTRITION BREAK**

**10:20 AM      EMERGING & RE-EMERGING DISEASES OF PUBLIC HEALTH SIGNIFICANCE**

T. Hugh Guan, MD MSc FRCPC, Associate Medical Officer of Health, KFL&A Public Health, Adjunct Assistant Professor, Department of Family Medicine & Department of Medicine, Queen's University

**11:10 AM      TREATMENT AND INTERVENTION OF PEDIATRIC OBESITY**

Emily Lehan, MD, PGY4 Resident, Department of Pediatrics, Queen's University

**11:55 AM      LUNCH**

# AGENDA

## 1:00 PM INTRODUCTION TO DERMOSCOPY

Mamdouh Andrawis, MD, MSc Derm, CCFP, FCFP, DPD, Family physician, Primary Care Dermatology, Investigating Coroner, Assistant Professor (Adjunct), Department of Family Medicine, Queen's University. Lecturer, Department of Family Medicine, Ottawa University

## 1:45 PM PUTTING THE "EASY" IN E-CONSULTS: COMMON QUESTIONS FOR YOUR FRIENDLY NEIGHBOURHOOD GENETICIST

Andrea Guerin, MD, FRCPC, FCCMG, Medical Geneticist, Head, Division of Medical Genetics, Associate Professor of Pediatrics, Department of Pediatrics, Queen's University

## 2:30 PM NUTRITION BREAK

## 2:45 PM IRON DEFICIENCY

Jeannie Callum, MD, FRCPC, Professor, Division of Pathology and Molecular Medicine, Department of Medicine, Queen's University, Transfusion Specialist and Hematologist KHSC.

## 3:15 PM POST-PROGRAM REFLECTION AND SURVEY COMPLETION

Please take a moment to complete your post-program survey.

## 3:30 PM PROGRAM CLOSE



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# LEARNING OBJECTIVES

## **PEER Simplified Guideline: Management of Chronic Pain in Primary Care (**

At the conclusion of this session, participants will be able to:

1. Describe the overriding principles for management of common chronic pain conditions. (Medical Expert/Advocate)
2. Discuss the best management strategies for osteoarthritis, neuropathic pain and chronic low back pain. (Communicator/Collaborator)
3. Explain key issues in chronic pain management (e.g. enabling exercise, opioid use). (Medical Expert)

## **The Contemporary Management of Heart Failure with Preserved Ejection Fraction**

At the conclusion of this session, participants will be able to:

1. Assess key considerations and factors in heart failure (e.g. ejection fraction, etc) (Medical Expert)
2. Integrate treatment options and referrals for heart failure (Medical Expert)

## **Emerging & Re-Emerging Diseases of Public Health Significance**

At the conclusion of this session, participants will be able to:

1. Discuss the changing epidemiology of emerging and re-emerging diseases of public health significance including syphilis, gonorrhea, and tick-borne illnesses
2. Identify current diagnostic and treatment considerations for such diseases
3. Recommend surveillance and programmatic activities in addressing emerging and re-emerging diseases

## **Treatment and Intervention of Pediatric Obesity**

At the conclusion of this session, participants will be able to:

1. Discuss treatment and intervention options with pediatric patients with obesity and their family (Medical Expert/Communicator/Advocate)
2. Assess available treatment options for effectiveness in various cases of obesity in pediatric patients (Medical Expert/Scholar)

## **Introduction to Dermoscopy**

At the conclusion of this session, participants will be able to:

1. Define Dermoscopy and its basic principles. (Medical Expert)
2. Recognize advantages of using Dermoscopy. (Medical Expert)
3. Examine different variants of Dermoscopes. (Medical Expert)
4. Identify an approach to diagnose different lesions using Dermoscopy (Medical Expert)

## **Putting the "easy" in e-consults: Common questions for your friendly neighbourhood Geneticist**

At the conclusion of this session, participants will be able to:

1. Communicate effectively with colleagues and patients to support effective and evidence-based general and cancer genetic screening (Communicator/Collaborator)
2. Identify the appropriate genetic screening for patient concerns based on evidence and choosing-wisely approaches (Medical Expert/Scholar)

## **Iron Deficiency**

At the conclusion of this session, participants will be able to:

1. Identify key factors in treating Iron Deficiency for different patients (Medical Experts)
2. Discuss the evidence for guidelines and options for treating Iron deficiency (Medical Experts)



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# PLANNING COMMITTEE

**Samantha Buttemer**, MD, MSc, CCFP, Assistant Professor, Public Health and Preventive Medicine, Associate Program Director for the PHPM program Queen's University

**Katie Evans**, B.Sc., Program and Event Coordinator, OPDES, Queen's University

**Michael Green**, MD, MSc., FCFP, Prof., Depts. of Family, Medicine (Dept. Head) & Community Health & Epidemiology, Queen's University

**Kelly Howse**, MD, CCFP, FCFP, Associate Professor, Department of Family Medicine, Queen's University

**Cynthia Leung**, RPH, Pharmacist, Adjunct Lecturer, Department of Family Medicine, Queen's University

**Matt Simpson**, MD, CCFP, FCFP, MSc, CD, Flight Surgeon, Assistant Professor, Department of Family Medicine, Queen's University

**Terry Soleas**, PhD, OCT, BScH, Bed, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

**Richard van Wylick**, MD, FRCPC, Associate Professor, Pediatrics, Vice-Dean, Health Sciences Education, Queen's University



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