

Department of Surgery Day: Surgical Skills and Topics for Primary Care

Wednesday, October 26, 2022

Quality Inn & Conference Centre, Kingston

AGENDA

8:00 AM REGISTRATION & CONTINENTAL BREAKFAST

8:30 AM WELCOME

Natasha Cohen, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Otolaryngology), Queen's University

Kristi Wood, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Orthopedic Surgery), Queen's University

8:35 AM PLASTIC SURGERY: MANAGEMENT OF SKIN LESIONS & APPROPRIATE REFERRAL

Glykeria Martou, MD, MSc, FRCSC, FACS, Fellow of EBOPRAS, Assistant Professor, Department of Surgery (Plastic Surgery), Queen's University

Q&A SESSION: JOINT PANEL WITH DERMATOLOGY, PLASTICS & ENT

Natasha Cohen, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Otolaryngology), Queen's University

Thomas Herzinger, MD, Professor, Division of Dermatology, Department of Medicine, Queen's University

Glykeria Martou, MD, MSc, FRCSC, FACS, Fellow of EBOPRAS, Assistant Professor, Department of Surgery (Plastic Surgery), Queen's University

9:15 AM HEAD & NECK SURGERY: PEARLS AND PITFALLS OF THYROID NODULES - AN UPDATED EVIDENCE-BASED APPROACH

Natasha Cohen, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Otolaryngology), Queen's University

9:45 AM ORTHOPEDIC SURGERY: MAKING THE DIAGNOSIS - AVOIDING THE COLD SHOULDER

Parham Daneshvar, MD, FRCSC, Assistant Professor, Department of Surgery (Orthopedic Surgery), Queen's University

10:15 AM NUTRITION BREAK

10:30 AM NEUROSURGERY: ASSESSMENT OF COMMON CERVICAL SPINE COMPLAINTS

Jamie Purzner, MD, PhD, Assistant Professor, Department of Surgery (Neurosurgery), Queen's University

AGENDA

11:00 AM **THORACIC SURGERY: COMES BACK UP; WON'T GO DOWN - FOREGUT PROBLEMS IN THORACIC SURGERY**

Andrew Giles, MD, MPH, FRCSC, Assistant Professor, Department of Surgery (Thoracic Surgery), Queen's University

11:30 AM **GENERAL SURGERY: HERNIAS**

Peter Szasz, MD, PhD, FRCSC, Assistant Professor, Department of Surgery (General Surgery), Queen's University

12:00 PM **LUNCH**

12:45 PM **CARDIOVASCULAR SURGERY: MITRAL VALVE SURGERY**

Carolyn Teng, MD, MSc, FRCSC

1:15 PM **CAROUSEL INTRODUCTIONS**

Plastic Surgery/ENT: Biopsies of Skin Lesions: When to Punch, Curettage or Perform an Incisional vs Excisional Biopsy

Glykeria Martou, MD, MSc, FRCSC, FACS, Fellow of EBOPRAS, Assistant Professor, Department of Surgery (Plastic Surgery), Queen's University

Natasha Cohen, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Otolaryngology), Queen's University

Orthopedic Surgery: "What to Inject When You're Injecting": A Framework for Deciding When, What and for Whom to Consider Knee Injections

Steve Mann, MD, FRCSC, Assistant Professor, Department of Surgery (Orthopedic Surgery), Queen's University

Neurosurgery: Hands on Practice of a Neurological Exam for Radiculopathy and Cervical Myelopathy

David Yen, MD, FRSCS, Professor, Department of Surgery, Queen's University

General Surgery: Assessment of a Hernia / Abdomen Exam for Common Complaints

Peter Szasz, MD, PhD, FRCSC, Assistant Professor, Department of Surgery (General Surgery), Queen's University

1:20 PM **CAROUSEL 1 (20 MINUTES)**

1:45 PM **CAROUSEL 2 (20 MINUTES)**

2:10 PM **NUTRITION & BIO BREAK**

2:25 PM **CAROUSEL 3 (20 MINUTES)**

2:50 PM **CAROUSEL 4 (20 MINUTES)**

3:15 PM **POST-PROGRAM REFLECTION AND SURVEY COMPLETION**

Please take a moment to complete your post-program survey.

3:30 PM **PROGRAM CLOSE**

Plastic Surgery: Management of Skin Lesions & Appropriate Referral

At the conclusion of this session, participants will be able to:

1. Identify approaches to management of skin lesions for primary care (Medical Expert)
2. Discuss the components of appropriate referral for skin lesions (Communicator/Collaborator)

Head & Neck Surgery: Pearls and Pitfalls of Thyroid Nodules: An Updated Evidence-Based Approach

At the conclusion of this session, participants will be able to:

1. Perform an updated, evidence-based approach to treating thyroid conditions (Medical Expert)
2. Perform a focused thyroid exam during a patient examination (Medical Expert)
3. Integrate choosing wisely approaches to thyroid conditions (Medical Expert/Scholar)

Orthopedic Surgery: Making the Diagnosis: Avoiding the Cold Shoulder

At the conclusion of this session, participants will be able to:

1. Discuss history, exam, and indication for imaging for shoulder (Communicator/Collaborator)
2. Integrate new strategies to assessing shoulder (Medical Expert)

Neurosurgery: Assessment of Common Cervical Spine Complaints

At the conclusion of this session, participants will be able to:

1. Integrate an evidence-based approach to assessing common cervical spine complaints (Medical Expert)

Thoracic Surgery: Bye-Bye PPI: Refractory GERD, Dysphagia, and Choosing Wisely

At the conclusion of this session, participants will be able to:

1. Integrate an evidence-based approach to refractory GERD (Medical Expert)
2. Assess dysphagia in your patients (Medical Expert)

General Surgery: Hernias

At the conclusion of this session, participants will be able to:

1. Integrate an evidence-based approach to assessing hernias (Medical Expert)
2. Assess and make appropriate referrals for hernias (Medical Expert/Advocate)

Cardiovascular Surgery: Mitral Valve Surgery

At the conclusion of this session, participants will be able to:

1. Integrate an evidence-based approach to assessing for mitral valve dysfunction that mitigates backlogs and promotes effective management (Medical Expert/Professional)
2. Assess and make appropriate referrals for mitral valve dysfunction (Medical Expert/Professional)

Carousel Content:

At the conclusion of this session, participants will be able to:

1. Perform surgery-based skills in clinical practice (within their scope of practice) (Medical Expert)
2. Integrate feedback from surgeon-coaches to improve their capacity in clinical practice (Medical Expert/Professional)

Overall Program Objectives:

At the conclusion of this program, participants will be able to:

1. Initiate treatment of conditions through surgical techniques and referrals (Medical Expert)
2. Integrate surgery-related skills into clinical practice (Medical Expert/Professional)
3. Perform assessments and landmarking to enhance diagnoses and treatment initiation (Medical Expert)



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PLANNING COMMITTEE

Allison Bright, Program and Events Coordinator, OPDES, Queen's University

Natasha Cohen, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Otolaryngology), Queen's University

Katie Evans, Program and Event Coordinator, OPDES, Queen's University

Julia Kostyukov, Program and Events Coordinator, OPDES, Queen's University

Meagan Leavitt, CCPA, Department of Medicine/Neurosurgery, Kingston Health Sciences Centre

Eleftherios (Terry) Soleas, PhD, OCT, BScH, BEd, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

Arawn Therrien, MD, MSc, FCFP, Family Physician, Stone's Mill Family Health Centre, Gananoque, ON

Richard van Wylick, MD, FRCPC, Associate Professor, Pediatrics, Vice-Dean, Health Sciences Education, Queen's University

Kristi Wood, MD, MSc, FRCSC, Assistant Professor, Department of Surgery (Orthopedic Surgery), Queen's University

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HEALTH SCIENCES
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385 Princess Street
Kingston, Ontario, Canada K7L 1B9
P: 613-533-2540 | F: 613-533-6642



cpd.che@queensu.ca



@CPD_FHS_QueensU

<https://healthsci.queensu.ca/opdes/>

