

45th Annual Obstetrics & Gynaecology Memorial Program ONLINE SERIES

Thursday, October 6, 13, 20, 27, & November 3, 2022

Zoom Webinar

AGENDA

THURSDAY, OCTOBER 6

Stress, Joy, Change: Perinatal Mental Health

Eric Prost, MD, FRCPC, Assistant Professor, Department of Psychiatry, Queen's University

Liora Berger, BSc, MD, PGY-5 Resident, Department of Psychiatry, Queen's University

THURSDAY, OCTOBER 13

Up To Date Best Practice Menopause Guidelines

Susan M. Chamberlain, MD, FRCSC, Associate Professor, Obstetrics and Gynaecology, Queen's University

Shawna L. Johnston, MD, FRCSC, Associate Professor, Departments of Obstetrics & Gynaecology and Urology, Division of Urogynaecology, Queen's University

Maria Velez, MD, PhD, FRCSC, Associate Professor, Department of Obstetrics and Gynaecology, Queen's University

THURSDAY, OCTOBER 20

Induction of Labour

Laura Gaudet, MD, MSc, FRCSC, Associate Professor, MFM, Obstetrics and Gynaecology, Queen's University

Kristin Finkenzeller, MD, FRCSC Assistant Professor, Department of Obstetrics & Gynaecology, Queen's University

Gestational Hypertension

Graeme Smith, MD, PhD, FRCSC, Head and Professor, Department of Obstetrics & Gynaecology; Professor, Department of Biomedical and Molecular Sciences and Imaging Services, Queen's University

THURSDAY, OCTOBER 27

Endometrial Thickness and Polyps

Olga Bougie, MD, FRCSC, MPH, Assistant Professor, Department of Obstetrics and Gynaecology, Queen's University

Contraception Update

Ashley Waddington, MD, FRCSC, MPA, Associate Professor, Co-Director, Contraception Advice, Research, and Education (CARE) Fellowship, Department of Obstetrics and Gynaecology, Queen's University

THURSDAY, NOVEMBER 3

Early Pregnancy Loss

Ashley Waddington, MD, FRCSC, MPA, Associate Professor, Co-Director, Contraception Advice, Research, and Education (CARE) Fellowship, Department of Obstetrics and Gynaecology, Queen's University

LEARNING OBJECTIVES

Stress, Joy, Change: Perinatal Mental Health

At the conclusion of this session, participants will be able to:

1. Distinguish postpartum mental illness and postpartum adjustment (Medical Expert)
2. Identify the range of perinatal psychiatric symptoms (Communicator/Medical Expert)
3. Discuss medical and psychological treatments for perinatal and postpartum patients (Medical Expert)

Up To Date Best Practice Menopause Guidelines

At the conclusion of this session, participants will be able to:

1. Integrate the evidence and strategies of new guidelines into clinical practice, with focus on management of vasomotor symptoms, as well as genitourinary and sexual health (Professional/Medical Expert)
2. Discuss the implications of guidelines with colleagues and patients (Communicator/Advocate)

Induction of Labour

At the conclusion of this session, participants will be able to:

1. Perform a safe and successful induction of labour based on integrating high-quality evidence and strategies (Medical Expert)
2. Discuss with patients and peers the strategies and process of labour induction (Communicator/Collaborator/Advocate)

Gestational Hypertension

At the conclusion of this session, participants will be able to:

1. Identify and assess gestational hypertension in patients (Medical Expert/Communicator)
2. Integrate the latest evidence in treatment of gestational hypertension (Scholar/Medical Expert)

Endometrial Thickness and Polyps

At the conclusion of this session, participants will be able to:

1. Explain the pathophysiology and prevalence of endometrial polyps (Medical Expert)
2. Assess the evidence regarding risk factors for malignancy in endometrial polyps and evaluate when treatment is indicated (Medical Expert)
3. Develop a framework for effective management strategies for each individualized patient (Communicator/Medical Expert)

Contraception Update

At the conclusion of this session, participants will be able to:

1. Explain the three most recent contraceptive products approved for use in Canada (Medical Expert)
2. Identify some of the unique advantages or disadvantages of each of these products (Medical Expert)
3. Discuss with patients and colleagues the newest options available for contraception in Canada (Medical Expert/Communicator/Collaborator)
4. Counsel patients about evidence-based duration of use for LARC methods (Communicator/Advocate)

Early Pregnancy Loss

At the conclusion of this session, participants will be able to:

1. Identify an approach to the diagnosis of non-viable first trimester pregnancy including (Medical Expert):
 - Comprehending the current ultrasound diagnostic criteria for non-viable pregnancy
 - Recognizing the limitations of the use of β hCG levels in diagnosing non-viable pregnancy
2. Counsel patients about their options for managing non-viable first trimester pregnancies (Communicator/Advocate)
3. Offer expectant or medical management of non-viable first trimester pregnancy, including (Medical Expert):
 - Comprehending current evidence on the use of RhIG in first trimester non-viable pregnancies
 - Comprehending the evidence on the use of Mifepristone in medical management
 - Comprehending the role of follow up ultrasound or β hCG testing in management
4. Make appropriate referrals to the Early Pregnancy Complications Clinic at Kingston Health Sciences Centre when necessary (Collaborator/Medical Expert)

PLANNING COMMITTEE

Rim Artin, RM, Midwife, KGH, Community Midwives of Kingston

Olga Bougie, MD, FRCSC, MPH, Assistant Professor, Department of Obstetrics and Gynaecology, Queen's University

Katie Evans, B.Sc., Program and Event Coordinator, OPDES, Queen's University

Aileen Gray, MD, CCFP, Family Physician, Kingston Family Health Team, Assistant Professor Department of Family Medicine, Queen's University

Graeme N. Smith, MD, PhD, FRCSC, Head and Professor, Department of Obstetrics & Gynaecology, Professor, Department of Biomedical and Molecular Sciences and Imaging Services, Queen's University

Terry Soleas, PhD, OCT, BScH, Ed, Director of Continuing Professional Development, Professional Development & Educational Scholarship, Faculty of Health Sciences, Queen's University

Richard van Wylick, MD, FRCPC, Associate Professor, Pediatrics, Vice-Dean, Health Sciences Education, Queen's University

NOTES



FACULTY OF HEALTH SCIENCES CONTINUING PROFESSIONAL DEVELOPMENT

385 Princess Street
Kingston, Ontario, Canada K7L 1B9
P: 613-533-2540 | F: 613-533-6642



cpd.che@queensu.ca



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