



Queen's
UNIVERSITY

HEALTH SCIENCES
Continuing Professional
Development

Department of Medicine Presents

MEDICAL *mysteries*



May 31, 2023 | 8:00 AM - 4:00 PM



Four Points by Sheraton, Kingston, Ontario

Agenda

- 8:00 Registration & Continental Breakfast**
- 8:30 Welcome and Opening Remarks**
Stephen Archer, MD, FRCPC, Professor and Head, Department of Medicine, Division of Cardiology, Queen's University
- 8:45 Plenary: State of Physician Wellness**
Melanie Jaeger, MD, Associate Professor, Department of Anesthesiology and Perioperative Medicine, Queen's University
- Panel: Wellness Tips and Tricks**
- Meditation:** **Stephen Archer**, MD, FRCPC, Professor and Head, Department of Medicine, Division of Cardiology, Queen's University
- Exercise:** **Jennifer Flemming**, MD, FRCPC, Associate Professor, Department of Medicine, Division of Gastroenterology, Queen's University
- Dealing with Moral Distress:** **Mala Joneja**, MD, FRCPC, Associate Professor, Department of Medicine, Division of Rheumatology (Chair), Queen's University
- Self-Compassion Principles and Practice:** **Aws Almufleh**, MBBS, MPH, FRCPC, FACC, Assistant Professor, Department of Medicine, Division of Cardiology, Queen's University
- 10:15 Medical Mystery: General Internal Medicine - "Bothered, Breathless and Bewildered"**
Chris Smith, BSc, MBBS, FACP, FRCPC, Professor, Department of Medicine, Division of General Internal Medicine (Chair), Queen's University
- 10:45 Nutrition Break**
- 11:00 Medical Mystery: Gastroenterology - "Even When It Is a Zebra, It Isn't the Common Kind!"**
Lawrence Hookey, MD, FRCPC, Professor, Department of Medicine, Division of Gastroenterology (Chair), Queen's University
- 11:30 Medical Mystery: Rheumatology - "A Bone to Pick With You"**
Marie Clements-Baker, MD, FRCPC, Assistant Professor, Department of Medicine, Division of Rheumatology, Queen's University
- 12:00 Lunch**
- 1:00 Medical Mystery: Hematology - "A Sour Explanation for Bleeding"**
Paula James, MD, FRCPC, Professor, Department of Medicine, Division of Hematology, and Departments of Pathology and Molecular Medicine, and Pediatrics, Queen's University
- 1:30 Medical Mystery: Cardiology - "Ablation for Deglutition Syncope: Not a Bitter Pill to Swallow"**
Andres Enriquez, MD, Assistant Professor, Department of Medicine, Division of Cardiology, Queen's University
- 2:00 Medical Mystery: Dermatology - "Don't Be Rash: 'Pick' Your Battles Wisely"**
Yuka Asai, MD, FRCPC, MSc, DABD, Associate Professor, Department of Medicine, Division of Dermatology, Queen's University
- 2:30 Nutrition Break**
- 2:45 Medical Mystery: Neurology - "Searching South for the Seizure Diagnosis"**
Gavin Winston, MD, Associate Professor, Department of Medicine, Division of Neurology, Queen's University
- 3:15 Medical Mystery: Nephrology - "It is a Riddle, Wrapped in a Mystery, Inside an Enigma"**
David Holland, MD, FRCPC, Associate Professor, Department of Medicine, Division of Nephrology (Chair), Queen's University
- 3:45 Closing Remarks**

Learning Objectives

At the conclusion of this program, participants will be able to:

1. Integrate approaches for identifying mysterious symptoms and disorders
2. Celebrate the joy of differential diagnosis
3. Discuss evidence-based clinical reasoning tips and tricks with peers
4. Illustrate signs and symptoms that can provide diagnostic insights and guide treatment

Medical Mystery: General Internal Medicine - "Bothered, Breathless and Bewildered"

At the end of this session, learners will be able to:

1. Discuss the value of the physical exam
2. Use a systematic approach to shortness of breath

Medical Mystery: Gastroenterology - "Even When It Is a Zebra, It Isn't the Common Kind!"

At the end of the session, learners will be able to:

1. Identify 4 potential causes of idiopathic pancreatitis
2. Outline a work up for the two common types of auto-immune pancreatitis

Medical Mystery: Rheumatology - "A Bone to Pick With You"

At the end of this session, learners will be able to:

1. Describe the differential diagnoses for a bone condition with multiple systems involvement of unclear etiology
2. Summarize a diagnostic approach to a bone condition with multiple systems involvement of unclear etiology

Medical Mystery: Hematology - "A Sour Explanation for Bleeding"

At the end of this session, learners will be able to:

1. Integrate and approach to the diagnosis and management of bleeding

Medical Mystery: Cardiology - "Ablation for Deglutition Syncope: Not a Bitter Pill to Swallow"

At the end of this session, learners will be able to:

1. Discuss the pathophysiology of swallow syncope
2. Assess management options for this condition, including novel ablation-based therapy

Medical Mystery: Dermatology - "Don't Be Rash: 'Pick' Your Battles Wisely"

At the end of this session, learners will be able to:

1. Identify nonspecific complaints relevant to dermatology
2. Consider underlying medical conditions that may present in a nonspecific manner
3. Discuss a possible framework for evaluating the non-specific complaint in the context of dermatology

Medical Mystery: Neurology - "Searching South for the Seizure Diagnosis"

At the end of this session, learners will be able to:

1. Integrate an approach to initial assessment in the first seizure clinic visit
2. Recognise the wide range of causes for seizures, including being symptomatic of another diagnosis

Medical Mystery: Nephrology - "It is a Riddle, Wrapped in a Mystery, Inside an Enigma"

At the end of this session, learners will be able to:

1. Develop a differential diagnosis for hypokalemia
2. Integrate an investigative approach useful in determining the cause of hypokalemia



Network: Marriott_Bonvoy

Planning Committee

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